



Summer Breakfast Menu

Served 8am – last orders 11:45am

85 GOLDSPIK LANE, NEWCASTLE UPON TYNE NE2 1NQ

Cooked Breakfast

The Filto Benedict

21

Locally supplied flat iron steak cooked your way, served with eggs Benedict – two poached eggs, crispy bacon, and silky hollandaise on toasted sourdough with a side of crispy hash browns.

Steak & Eggs – THE OG (GFA)

17

Locally supplied flat iron steak cooked your way, served with two fried eggs, chimichurri drizzle, & herby roasted tomatoes, served with toasted sourdough & our house spicy tomato sauce.

(if you like spicy, ask your server to make your eggs Nduja scrambled) +£1

Add halloumi +£2 | Add hash browns +£2

Filto Full English

15

2 x sausages, smokey bacon, egg fried or scrambled, black pudding, halloumi, hash brown, house beans, roasted tomato & mushroom, served with toasted sourdough & our house spicy tomato sauce.

Filto Veggie Full (V)

13

Eggs fried or scrambled, grilled halloumi, smashed avocado, house hash browns, house beans, roasted tomato & mushroom, served with toasted sourdough & our house spicy tomato sauce.

Chorizo Hash Bowl

15

Crispy tater tots tossed with house tomato sauce, chorizo bits, pickled red peppers & parmesan, finished with a fried egg, fresh herbs, with a sirracha drizzle.

Halloumi Summer Hash Bowl (V)

12

Crispy tater tots tossed with our house tomato sauce, grilled halloumi, spinach &, pickled peppers, finished with a fried egg, feta & fresh herbs, with a sirracha drizzle.

Turkish Eggs (V)

13

Labneh yoghurt topped with two poached eggs, spiced chilli oil, zataar, pickle peppers & pomegranates. Served with your choice of homemade flat bread or toasted sourdough.

Add halloumi +£2 | Add hash browns +£2

Sourdough Toast

Pesto Caprese (V)

10

Pesto layered over toasted sourdough, with roast tomato and fresh mozzarella.

Bruschetta & Burrata (V)

11

Toasted sourdough, layer of burrata topped with fresh chopped tomatoes, red onion, basil, olive oil & sea salt.

Serrano & Burrata Toast

12

Heritage tomatoes, serrano ham, burrata, on toasted sourdough with a balsamic glaze.

Nduja Scrambled Eggs

11

Nduja Scrambled eggs on toasted sourdough with fresh chill's & spring onion.

Avocado, Chilli & Lime (V)

12

Smashed seasoned avocado on toasted sourdough, tomato, pickled shallots, chilli flakes, lime & crumbled feta, and 2 poached eggs.

Eggs Benedict (V)

12

Perfectly poached eggs on toasted sourdough, with bacon & a silky hollandaise.

Choose your style:

- Spinach (Florentine) (V)
- Smoked Salmon (Royale) +£2

Brekky Sarnies

(Served with tater tots)

The Breakfast Melt

13

Sausages, smokey bacon, fried egg, hashbrown, with melted cheddar & house tomato sauce served in a toasted milk loaf.

Smoked Salmon & Cream Cheese

12

Smoked salmon, whipped cream cheese, cucumber ribbons, rocket & cracked black pepper served in a toasted milk loaf.

Bowls

Filto Yoghurt Bowl

9

Greek yoghurt topped with granola, honey, strawberries, banana & chia seeds. Add a spread of your choice, Nutella, biscoff or peanut butter.

Very Berry Açai Bowl (VG)

12

Soft Serve açai topped with granola, honey, strawberries, blueberries, raspberries & chia seeds. Add a spread of your choice, Nutella, biscoff or peanut butter.

Allergy & Safety Notice

Please inform our staff of any food allergies or dietary restrictions before ordering. While we take great care in food preparation, our kitchen handles allergens. Our salmon dishes may contain small bones despite careful filleting.

café filto

Summer Lunch Menu

Served 12pm - 5pm (last orders)

85 GOLDSPINK LANE, NEWCASTLE UPON TYNE NE2 1NQ

The Filto Staples

Filto Surf & Turf (GF) 21

Locally supplied flat iron steak cooked your way, served with grilled prawns in pil-pil chilli & garlic oil, cherry tomatoes, served with crispy fries and garlic butter & lemon.

Steak Frites (GF) 18

Locally supplied flat iron steak cooked your way, with a bed of seasoned fries, layered with our house peppercorn sauce.

Steak & Eggs (GFA) 17

Locally supplied flat iron steak cooked your way, served with two fried eggs, chimichurri drizzle, & herby roasted tomatoes, served with toasted sourdough & our house spicy tomato sauce.

Add halloumi +£2

Open Flatbreads

Steak 17

Locally supplied Flat Iron sliced on a homemade flatbread, with chimichurri or house tomato sauce & a rocket, shallot salad.

Chicken Caesar Flatbread 14

Chicken, crispy Serrano, romaine lettuce, parmesan cheese, caesar sauce, on a homemade flatbread.

Hot Honey & Halloumi (V) 12

Charred marinated halloumi on a homemade flatbread with hummus, roast tomato & zucchini, spiced couscous with a hot honey drizzle.

Salad Bowls

Chicken Caesar Salad (GFA) 12

Romaine lettuce, croutons, parmesan cheese, caesar sauce.

Replace chicken with King Prawns + £1

Sliced Steak Salad (GFA) 16

Locally supplied flat iron steak sliced, romaine lettuce, rocket, chimichurri, pickled shallot, herbs, spiced couscous, crumbled feta and a classic vinaigrette dressing,

Watermelon & Feta Salad (V)(GF) 12

Seasonal watermelon, cucumber, crumbled feta, red onion, fresh rocket, basil, mint, finished with olive oil and lemon.

Sarnies

(Served with seasoned fries) Upgrade to sweet potato + 1.0

Steak & Cheese Melt 16

Thin sliced locally supplied flat iron steak & grilled cheese, with rocket, house tomato sauce & chimichurri in a soft toasted milk loaf.

Pesto Halloumi Melt (V) 12

Grilled halloumi, pesto, mozzarella, roasted tomatoes, rocket, in a soft toasted milk loaf.

Buffalo Hot Chicken 14

Crispy chicken cutlet, coated in our house made hot buffalo sauce, with grilled cheese, rocket and a cool ranch sauce, in a soft toasted milk loaf.

Crispy Chicken Caesar 14

Crispy chicken cutlet, romaine lettuce, parmesan cheese, caesar sauce, crispy Serrano bits chopped between a soft toasted milk loaf.

The Mediterranean (V) 12

Roasted courgette, red onion & peppers, fresh tomato, green olives, rocket, feta, house tomato sauce & hummus spread between soft toasted milk loaf.

Sides

Hummus Sharer for 2 7

Served with house made flat bread

Truffle Fries 4.5

With parmesan

Halloumi Fries 5.5

with sweet chilli jam

Sweet Potato Fries 4.5

With house smokey aioli

Sauces 50P

Smokey garlic mayo, Sriracha, house tomato

Bowls

Filto Yoghurt Bowl 9

Greek yoghurt topped with granola, strawberries, banana & chia seeds. Add a spread of your choice, Nutella, biscoff or peanut butter.

Very Berry Açai Bowl (VG) 12

Soft serve açai topped with granola, strawberries, blueberries, raspberries & chia seeds. Add a spread of your choice, Nutella, biscoff or peanut butter.

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café
filto

Children's Menu

café filto

Children's Menu

Breakfast

| | |
|--|------------|
| Filto Mini Breakfast | 5.0 |
| One Sausage, one Bacon, fried Egg, toast | |
| Egg On Toast | 5.0 |
| Two eggs, fried or scrambled on toast | |
| Yoghurt Bowl | 5.0 |
| Granola, greek yoghurt, strawberries, banana & Nutella | |
| Sweet One | 5.0 |
| Fresh Croissant, strawberries, banana & Nutella | |

Lunch

| | |
|--|------------|
| Chicken & Chips | 5.5 |
| Breaded goujons, chips & beans | |
| Fish & Chips | 5.5 |
| Breaded fish goujons, chips & beans | |
| Margarita Flatbread | 5.0 |
| Tomato base on a flatbread with cheese | |
| Mini Chicken Caesar Salad | 5.0 |
| Chicken, Romaine lettuce, croutons, parmesan cheese, caesar sauce. | |

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café filto

Summer Drinks Menu

Coffee

All Coffee available decaf

| | |
|---------------------|-----|
| Double Espresso 4oz | 2.8 |
| Macchiato 4oz | 3.0 |
| Cortado 4oz | 3.2 |
| Flat White 6oz | 3.5 |
| Long Black 8oz | 3.5 |
| Americano 12oz | 3.8 |
| Cappuccino 12oz | 3.8 |
| Chai Latte 12oz | 4.0 |
| Dirty Chai 12oz | 4.5 |
| Latte 12oz | 3.8 |
| Mocha 12oz | 4.1 |

Tea

| | |
|-------------------|-----|
| English Breakfast | 3.5 |
| Peppermint | 3.5 |

Hot Chocolate

| | |
|-----------------------|-----|
| Kid's Hot Chocolate | 2.3 |
| Hot Chocolate | 4.0 |
| Biscoff Hot Chocolate | 4.5 |

Alternatives

| | |
|-------------------------|-----|
| Oat/soya/almond/coconut | 30P |
| Extra shot | 50P |

Soft Drinks

| | |
|-----------------------|-----|
| Still Water | 2.0 |
| Sparkling water | 2.0 |
| Coke / Diet | 3.5 |
| Coke Zero | 3.5 |
| San Pelligrino Lemon | 3.0 |
| San Pelligrino Orange | 3.0 |
| Red Bull | 3.5 |
| Apple Juice | 2.5 |
| Orange Juice | 2.5 |
| HYCO Electrolyte | 3.5 |

Iced Matcha

Go large for your canned version **+1.5**

| | |
|-------------------------------|-----|
| Lemon Glaze Matcha | 5.5 |
| Strawberry & Cream Matcha | 5.5 |
| Banana Bread Matcha | 5.5 |
| Mango Sticky Rice | 5.5 |
| Vanilla Sea Salt Matcha | 5.5 |
| White Choc & Pistachio Matcha | 5.5 |
| White Choc & Raspberry Matcha | 5.5 |

Iced Coffee

Go large for your canned version **+1.5**

| | |
|----------------------------------|-----|
| Chocolate Banana Bread Latte | 5.0 |
| Vanilla Sea Salt Latte | 5.0 |
| Dulce De Leche Iced Latte | 5.0 |
| Crunchie Iced Latte | 5.0 |
| Tiramisu Iced Latte | 5.0 |
| White Choc & Hazelnut Iced Latte | 5.0 |

Iced Tea

Go large for your canned version **+1.5**

| | |
|-------------------------------|-----|
| Peach Iced Tea | 4.5 |
| Passionfruit & Lemon Iced Tea | 4.5 |

Smoothies

Add collagen powder to your smoothie **+1.0**

Berry Glow **5.5**

Packed with antioxidants & vitamin C for glowing skin & natural energy.
Mixed Berries, Banana, Greek Yoghurt, Honey, Oat Milk

Green Reset **5.5**

A source of fibre, vitamins & minerals to support digestion & recovery.
Spinach, Kale, Mango, Honey, Apple Juice, Himalayan Salt, Greek Yoghurt.

Blue Lagoon **5.5**

Rich in antioxidants and naturally energising with hydrating ingredients.
Pineapple, Banana, Blue Spirulina, Mint, Honey, Coconut Milk, Greek Yoghurt.

Solero **5.5**

Bright, tropical and full of vitamin C for an immune and energy boost.
Mango, Pineapple, Passionfruit, Coconut Milk, Apple Juice, Greek Yoghurt.

All drinks come as standard with whole milk, although if you would like an alternative, we have milk to suit every taste & lifestyle. Choose from semi-skimmed, or organic dairy, alongside our plant-based favourites: oat, almond, soy, & coconut.

café filto

Summer Alcohol Menu

(Served from 11am daily)

Classics

(two cocktails for £14 all day, everyday)

| | |
|-----------------------|-----|
| Espresso Martini | 9.5 |
| Pornstar Martini | 9.5 |
| Margarita | 9.5 |
| Spicy Margarita | 9.5 |
| Strawberry Mojito | 9.5 |
| Lychee Mojito | 9.5 |
| Negroni | 9.5 |
| Amaretto/Whiskey Sour | 9.5 |
| Glistening French 75 | 9.0 |

Pitchers

(Serves 3 or 4)

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|-------------------|----|
| Sangria | 22 |
| Pimms | 20 |
| Hugo Spritz | 24 |
| Aperol Spritz | 24 |
| Campari Spritz | 24 |
| Limoncello Spritz | 24 |

Spirits

| | Single | Double |
|--------------------------------|--------|--------|
| OJ Spiced Rum | 7.0 | 8.0 |
| OJ Cherry Rum | 7.0 | 8.0 |
| Captain Morgan | 7.0 | 8.0 |
| Captain Morgan Spice | 7.0 | 8.0 |
| Kraken Dark Rum | 7.0 | 8.0 |
| Southern Comfort | 7.0 | 8.0 |
| Tanqueray Gin | 7.0 | 8.0 |
| Hendricks | 8.0 | 9.0 |
| Whitley Neill Rhubarb & Ginger | 7.0 | 8.0 |
| Whitley Neill Black Cherry | 7.0 | 8.0 |
| Disaronno | 7.0 | 8.0 |
| Bacardi | 7.0 | 8.0 |
| Absolute Vodka | 7.0 | 8.0 |
| Absolute Vanilla Vodka | 7.0 | 8.0 |

Wines

Rosé



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|---------------------------|---|----|----|
| Cramele Recas Orange Wine | 4 | 8 | 22 |
| Chicken Wine | 4 | 8 | 22 |
| Freixenet Italian Rosé | 5 | 9 | 26 |
| Whispering Angel | 7 | 14 | 40 |

White

| | | | |
|-------------------------------|---|---|----|
| Valle Central Sauvignon Blanc | 4 | 8 | 22 |
| Primi Soli Pinot | 4 | 7 | 20 |
| Dega Pecorino | 4 | 7 | 20 |
| Balauri Feteasca Regala | 4 | 6 | 19 |

Red

| | | | |
|------------------|---|---|----|
| Equino Malbec | 4 | 8 | 22 |
| Albret El Balcon | 5 | 9 | 24 |

Sparkling

| | | |
|---------------|---|----|
| Prosecco | 8 | 25 |
| Rosé Prosecco | 8 | 25 |

Draught

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|--------------------|-----|
| Guinness | 5.5 |
| Jubel | 5.5 |
| Berries & Cherries | 5.8 |

Bottled Beer

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|---|-----|
| Asahi | 4.4 |
| Peroni | 4.4 |
| Corona | 4.4 |
| Corona Sunrise <i>Tequilla, orange & grenadine</i> | 6.0 |
| Lucky Buddha | 4.4 |
| Corona Zero % | 3.5 |
| Heineken Zero % | 3.5 |

Bottled Cider

| | |
|-------------------------------|-----|
| Rekorderlig Wild Berry | 5.7 |
| Rekorderlig Strawberry & Lime | 5.7 |